

Southern African HIV Clinicians Society 3rd Biennial Conference

13 - 16 April 2016 Sandton Convention Centre Johannesburg

Our Issues, Our Drugs, Our Patients

> www.sahivsoc.org www.sahivsoc2016.co.za



Test and Treat in Uganda: Perspectives from An Implementing/Academic Partner

Dr. Andrew D Kambugu, M.Med FRCP
Infectious Diseases Institute
Makerere University College of Health Sciences





The "Schema" of the Talk





Ugandan Ministry of Health



ART
Implementing
and Academic
Partners

Uganda is a <u>low-income</u>, <u>HIV high-prevalence</u> country with a <u>population explosion</u>



Uganda: By the Numbers



34.6 Million

Country Population (2014)

58
Life Expectancy, Years (2014)

\$ 571.96

Gross Domestic Product Per Capita (2014)

Children per Woman

5.8

53

Infant deaths per 1000 live births

SOURCES: Uganda Bureau of Statistics (UBOS) 2014 Census , World Bank Report 2015

Uganda HIV/AIDS: Key Statistics

National HIV Prevalence 7.3%

Persons Living with HIV 1.28 Million

Number Accessing Antiretroviral Therapy 834,931

SOURCE: Ministry of Health, Uganda Programme Update 2016

Key Milestones in the Evolution of the National Programme

Initial Publicsector ART Programmes National ART
Guidelines
Modify CD4
Cut-off for ART
Initiation to 350
cells/mL

National ART
Guidelines
Modify CD4
Cut-off for ART
Initiation to 500
cells/mL
(including "test
and treat" for
Specific
Populations

MOH
Introduces
Routine Viral
Load
Monitoring in
the Publicsector

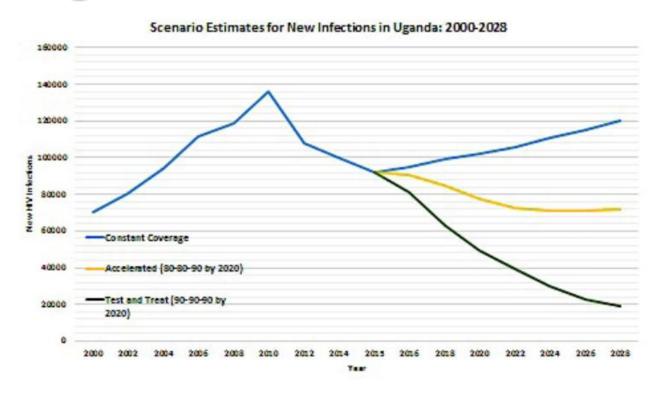
2005

2008

2014

2014

The Ugandan Case for Test and Treat



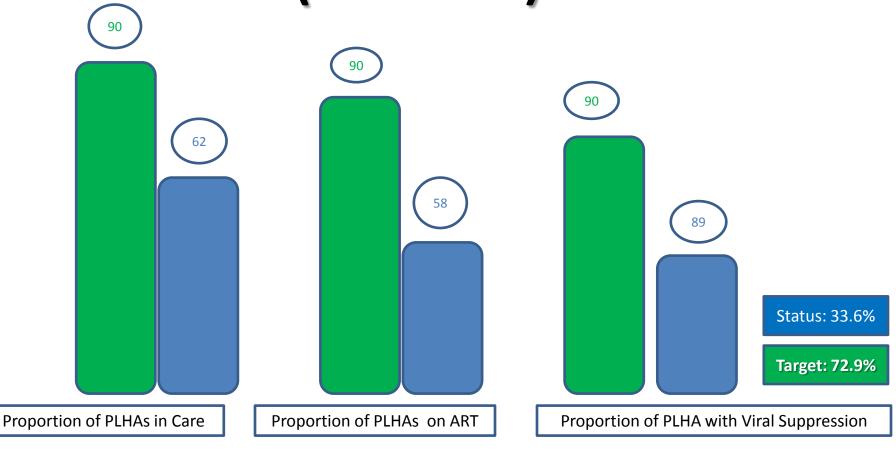
SOURCE: http://www.pepfar.gov/documents/organization/252263.pdf

Test and Treat in Uganda: Cost Effectiveness Analysis

	South Africa	Nigeria	Uganda	India
Incremental Cost	-\$389	-\$502	-\$182	-\$95
DALYs Averted	1.41	1.42	1.44	1.41
Cost/DALY Averted (ICER) ^a	-\$275	-\$353	-\$126	-\$68
Cost/DALY Averted, (ICER) 95% CI	-\$717ª to \$787	-\$613ª to \$234	-\$367ª to \$445	-\$232ª to \$366
Probability ICER<0 (dominant)	75.76%	91.37%	72.22%	68.54%
Probability ICER<1 x per capita GDP	100.00%	100.00%	99.21%	99.95%
RRR Transmission Threshold ^b	68.3%	49.4%	73.4%	75.7%

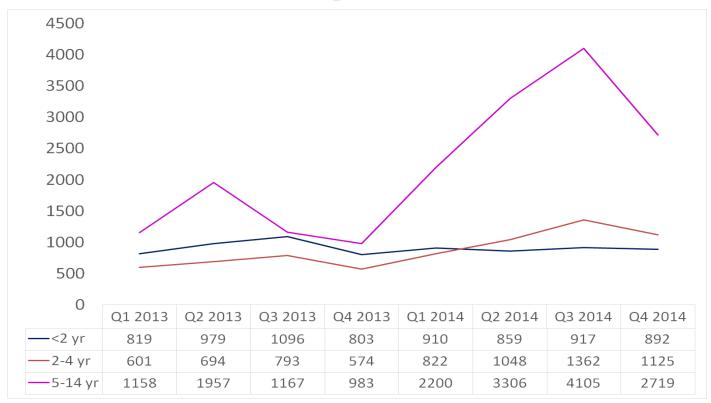
SOURCE: Kuznic A et al *Manuscript under review*

Progress on 90-90-90 Targets (Jan 2016)



SOURCE: MOH Programme UPDATE 2016

Increased enrollment of children < 15 yrs on ART



SOURCE: Ministry of Health, Uganda Programme Update 2016

Test and Treat in Ugandan Children: The Baylor Uganda Experience CROI 2016

- Retrospective Evaluation of Test and Treat
- 500 Children enrolled between 2014 2015
- 76% of participants were initiated > CD4 500 (median CD4 745 cell/mL)
- Retention at 12 months was 99% in high CD group compared to 85% in standard group

SOURCE: Atugonza R et al CROI 2016 Abstract #842

eMTCT Cascade in Uganda

eMTCT is championed by Ugandan First Lady



- MTCT infections from 26,000 in 2011 to less than 9000 in 2014; 69% reduction in MTCT¹
- Current MTCT rate is 2% at 6wks and 7% at 18months¹
- IDI has submitted an R21 (NIH) grant to optimize the eMTCT cascade by doing formative research to analyze key barriers and test pilot interventions

SOURCE: 1- Ministry of Health, Uganda Programme Update 2016

HIV Testing: Experiences and Approach

Routine (conventional) HCT approach may not result in substantial identification of PLHAs¹

Study (Testing Approach)	Country	Community-Based HTC				Facility-Based HTC					
		Number Positive	Number Tested	Positivity Rate	Number	Needed to Screen	Number Positive	Number Tested	Positivity	Rate Num	er Needed to Screen
Ahmed (mobile) [27]	Nigeria	1,049	9,409	0.11	9		2,104	16,587	0.13	8	
Corbett (workplace) [22]	Zimbabwe	673	3,395	0.20	5		560	3045	0.18	5	
Gonzalez (door-to-door) [62]	Mozambique	270	718	0.38	3		155	660	0.23	4	
Hood (mobile) [119]	Botswana	2,493	21,237	0.12	9		3,743	26,653	0.14	7	
Lahuerta (mobile) [108]	Guatemala	6	513	0.01	86		91	1,233	0.07	14	
Lugada (index) [43]	Uganda	189	2,678	0.07	14		45	260	0.17	6	
McCoy (mobile) [120]	US	9	243	0.04	27		16	2,471	0.01	154	
Menzies (index) [29]	Uganda	121	2,011	0.06	17		1,834	9,579	0.19	5	
Menzies (door-to-door) [29]	Uganda	2,502	49,470	0.05	20		6,108	22,482	0.27	4	
Sweat (mobile) [23]	Tanzania	86	2,341	0.04	27		40	579	0.07	14	
Sweat (mobile) [23]	Zimbabwe	693	5,437	0.13	8		132	602	0.22	5	
Sweat (mobile) [23]	Thailand	173	9,361	0.02	54		92	2,721	0.03	30	
van Schaik (mobile) [121]	South Africa	147	2,499	0.06	17		273	1,321	0.21	5	

The Henry-Reid et al. [87] study was excluded since it did not find any people with HIV among the 20 school participants screened. doi:10.1371/journal.pmed.1001496.t003

Male Testing focus

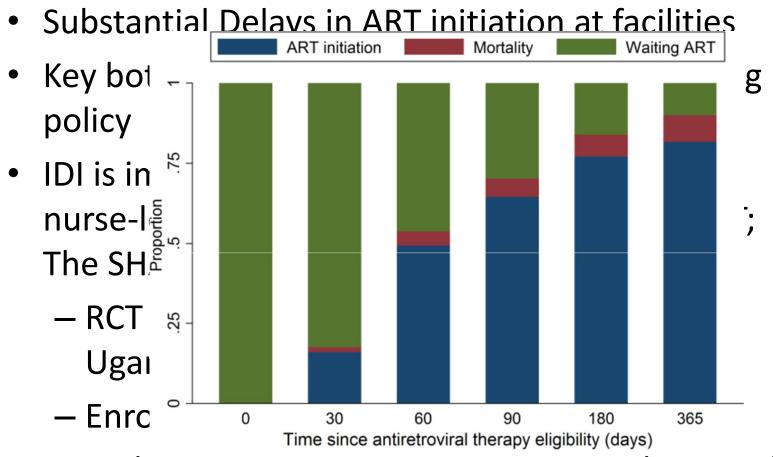
SOURCE: 1- Plos Medicine 2- http://www.pepfar.gov/documents/organization/252263.pdf

Linkage to Care: Experiences and Approach

Sphere of Influence Me	lotivators for intra-facility linkage	Hindrances to intra-facility Linkage		
	Health workers' competence in counseling clients to enroll into e PMTCT and chronic care programs	 Limited time available to provide post-test counseling for enrollment into HIV chronic care programs in addition to PMTCT care. 		
	Availability of HIV counseling and testing, PMTCT, EID and IV chronic care services at the facilities	Mothers' fear to disclose HIV positive status to partners		
	Benefits of PMTCT program, for example early HIV diagnosis or infants and HIV negative infants	Mothers' stigma		
		Low rates of health worker-attended deliveries		
_	Availability of private rooms to counsel patients to enroll into pronic HIV care	 Lack of protocols that address linkage between HIV care points at the facilities 		
• A	Availability of free HIV care services	 Long waiting times at ART clinics and EID care points 		
	Availability of immunization and EID services on the same day encourage enrollment of babies	 Long distances to the health units with limited public transportation 		
	Provision of infant feeding and nutrition services to motivate others' adherence to EID care	 MCH, HIV care and EID services provided in different areas of the health facility 		
	Point of care CD4 testing available at the urban sites motivated nothers to enroll into chronic care	 MCH, HIV care and EID services offered on different days of the week 		
	Availability of peer mothers at urban sites to escort clients, rovide peer counseling and support was a motivator for linkage	Low male partner involvement and support		
MTCT- prevention of maternal-to-child transmission of HIV, EID-early infant diagnosis of HIV, MCH- maternal child health.				
oi:10.1371/journal.pone.0115171.t004				

SOURCE: Mugasha C Plos One 2014 9 (12); e115171

ART Initiation: Experiences and Approach

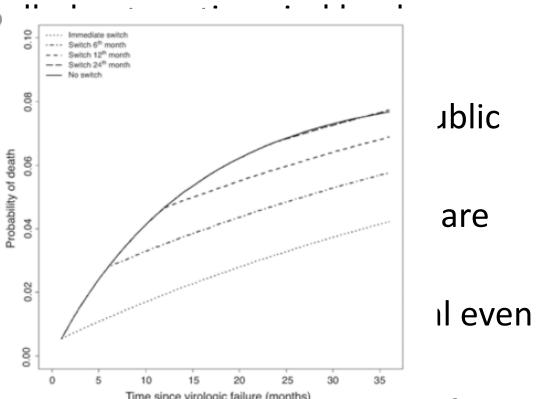


End-point is VL suppression at 48 and 96 weeks

SOURCE: Geng EH JAIDS 2013: (63); e64-e71

Achieving Viral Suppression: Experiences and Approach

- Uganda has
 monitoring
- A hub-syste
 Health Lab a
- Both plams: utilized
- Clinician ed where VLM



• Opportunity to test new models (e.g use of POC VL testing to enhance rates of viral load suppression

SOURCE: Petersen ML AIDS 2014: 28 (14); 2097-2107

Key Conclusions

- Uganda is a high burden country and a fast-growing population
- The Ugandan public-sector ART programme is supported by implementing/academic partners
- The current ART guidelines support test and treat for specified populations
- There are key bottlenecks at each step in the HIV treatment cascade leading to suboptimal results towards achieving the UNAIDS 90-90-90
- Test and Treat strategy for all is a cost-effective strategy from an HIV prevention perspective
- There are in-country efforts by implementing and academic partners to support the Uganda MOH towards the 90-90-90

Acknowledgements

Elizabeth Namagala

MOH Uganda

Joanita Kigozi

IDI Outreach Team

Barbara Castelnuovo

IDI Res. Program

SHARE Project

CDC Uganda